

## Two More IAAF Challenge Races In The Books

The World's Racewalking caravan moved to Krakow, Poland on May 30 and La Coruna, Spain on June 20. The four races (two for women and two for men) yielded four different winners. Now only the World Championships in Berlin in August and the Challenge Final in Saransk, Russia in September remain on the IAAF Challenge schedule. The Krakow races were contested over just 10 Km, a first for in Challenge history. In La Coruna, it was back to the standard 20 Km.

In the 10 Km races, Russia's Valeriy Borchin, the 2008 Olympic Champion and Olympic silver medalist Kjersti Platzer emerged as winner's. For Borchin it was an easy win as he dominated the race. Platzer's fourth Challenge win of the year was much tougher, as she edged Russia's Olympic gold medalist Olga Kaniskina by only a second.

The 37-year-old Platzer, in her final season, increased her lead in the Challenge standings with her win. After just one lap of the approximate 1.35 Km lap, Platzer and Kaniskina were in complete control of the race. They battled to the finish where the much taller Platzer prevailed, perhaps having an advantage in the final yards because Kaniskina had two red cards. It was the Russian's first race at the shorter distance in five years. Platzer finished in 41:41.

Italy's Elisa Rigauo was third, for the third time in this year's Challenge series. She was more than two minutes behind, finishing in 43:44, some 23 seconds ahead of Portugal's Vera Santos. In a three-way battle for fifth, Romania's Claudia Stef prevailed.

Borchin, who has lost only to Francisco Fernandez in his last five races, didn't have to worry about the Spaniard today, as Fernandez had withdrawn with a back injury.. Borchin bided his time in the middle of a pack of nine walkers during the first 5 Km.

When they hit 5, Borchin began pushing the pace and only Norway's Erik Tysse and France's Yohan Diniz responded. But even they were dropping away and Borchin had a four second lead by 6 Km and 27 seconds as they neared the final kilometer. Borchin finished in a quick 38:11, still 27 seconds ahead of Tysse. Diniz finished in 38:46, with Portugal's Joao Vieira a distant fourth.. The walkers were aided by cool temperatures, hovering around 60 F. Pre-race publicity had reported that the retired Jefferson Perez was to compete, but he didn't and there was no post-race comment on that fact.

Three weeks later in La Coruna, Platzer had her string of Challenge victories snapped by Germany's Sabine Zimmer Krantz and a 20-year-old Chinese walker, Yafei Chu, surprised Platzer's brother, Erik Tysse and Mexico's Eder Sanchez, to win the men's race. Chu who had clocked 1:18:44 when just 17 had not been at that level since, but was convincing in this race.

Walking on a 1 Km loop, Chu, Tysse, and Sanchez made it a three-man race from the start, clocking 19:46 for the first 5 Km. The trio reached 10 Km in 39:50, seven seconds

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ahead of Australia's double-Olympic-medalist Jared Tallent. Tallent dropped out in the fifteenth kilometer.

By 17 Km, Chu and Tysse had opened a four-second gap on Sanchez, the World Cup bronze medalist. Their head-to-head battle was decided only inside the last kilometer where Chu, tenth in the 2008 Olympics, broke away to win in 1:19:51, four seconds ahead of Tysse, Sanchez finished another 35 seconds back, and was credited by at least one reporter as holding the best technique in the field. It was another 45 seconds back to China's Hao Wong in fourth.

Despite his win, Chu declared, "I have won today but it doesn't guarantee me a berth for Berlin. Back in China, the team for the Worlds will still have to be discussed. Anyway, I'm delighted to have succeeded at such a prestigious race." Earlier in the year, Chu was fourth (1:21:10) in the Rio Maior Challenge race.

Tysse, who was second for his third Challenge race in a row, said: "I have suffered stomach problems throughout the race and so I have to be satisfied with my result. I'm now planning an altitude stint in St. Moritz before a 5 Km track test in the Norwegian Championships. Of course, I'll make again the double 20/50 Km in Berlin."

The women's race opened quite cautiously and by the fifth kilometer, a quintet of Platzer, Portugal's Vera Santos, Lithuania's Kristina Saltanovic, Japan's Mayumi Kawasaki, and Krantz went through in a conservative 22:57.

Platzer and Krantz, 10 years her junior, quickened the pace over the second 5 Km (22:26 for a 45:23 split) and left the others in their wake. Krantz made the decisive move in 12th kilometer and sped away easily from Tysse, steadily increasing her lead all the way to the finish. She won in 1:30:20, 35 seconds ahead of Platzer. Santos came from 32 seconds behind Kawasaki in the final 5 Km to take third and Saltanovic also caught the fading Japanese walker to finish fourth.

An ecstatic Krantz commented, "Honestly, I didn't expect to win today, especially after having a look at the quality start list. I have walked in solitude for the 8 km and that has been really tough due to the wind." Asked if this win puts her in the Berlin medal picture, a humble Krantz replied, "At the beginning of the season, I had set myself the target of being a top-10 in Berlin and this victory doesn't change my mind at all."

Results of the two races:

#### Krakow, Poland, May 30

**Women's 10 Km:** 1. Kjersti Platzer, Norway 41:41 2. Olga Kaniskina, Russia 41:42 3. Elisa Rigaud, Italy 43:44 4. Vera Santos, Portugal 44:07 5. Claudia Stef, Romania 44:21 6. Ines Henriques, Portugal 44:22 7. Olive Laughnane, Ireland 44:25 8. Tatiana Korotkova, Russia 45:57 9. Sylwia Korszeniowska, Poland 46:26 10. Zuzana Schindlerova, Czech Rep. 46:52 11. Lucie Pelantova, Czech Rep. 47:28 12. Geovanna Irusta, Bolivia 47:49 13. Lucyna Chrusciel, Poland 50:04 14. Angieszka Szwarzog, Poland 50:34 15. Jolanta Karas, Poland 52:43 (20 finishers, 1 DQ)

**Men's 10 Km:** 1. Valeriy Borchin, Russia 38:11 2. Erik Tysse, Norway 38:38 4. Yohan Diniz, France 38:46 4. Joao Vieira, Portugal 39:12 5. Alex Schwazer, Italy 39:15 6. Hatem

Ghoula, Tunisia 39:23 7. Grzegorz Sudol, Poland 39:27 8. Matej Toth, Slovakia 39:41 9. Jakub Jelonek, Poland 40:16 10. Rafal Augustyn, Poland 40:32 11. Benjamin Kucinski, Poland 40:41 12. Rafal Fedacynski, Poland 41:06 13. Dawid Tomala, Poland 41:10 14. Tuskaz Nowak, Poland 41:45 15. Rafal Sikora, Poland 41:59 (27 finishers, 1 DNF)

#### La Coruna, Spain, June 20

**Women:** 1. Sabine Zimmer Krantz, Germany 1:30:20 (22:58, 45:23, 1:07:38) 2. Kjersti Platzer, Norway 1:30:55 (22:58, 45:23, 1:07:56) 3. Vera Santos, Portugal 1:31:13 (22:59, 45:42, 1:08:34) 4. Kristina Saltanovic, Lithuania 1:31:28 (22:59, 45:31, 1:08:37) 5. Mayumi Kawasaki, Japan 1:31:34 (22:59, 45:25, 1:07:57) 6. Ana Groza, Greece 1:32:27 (23:01, 45:54, 1:08:56) 7. Beatriz Pascual, Spain 1:32:44 8. Hong Liu, China 1:32:45 9. Yawei Yank, China 1:33:06 10. Mingxia Yang, China 1:33:10 11. Olga Povalahyeva, Russia 1:33:44 12. Rocío Florido, Spain 1:34:13 13. Lorena Luaces, Spain 1:35:16 14. Ainoa Pinedo, Spain 1:35:48 15. Geovana Irusta, Bolivia 1:36:35 16. Yanfei Li, China 1:36:43 17. Claire Tallent, Australia 1:37:16 18. Maria Hatzipanagiotidou, Greece 1:37:59 19. Trabelsi Chaima, Tunisia 1:38:27 20. Maribel Goncalbes, Portugal 1:38:56 21. Rosario Sanchez, Mexico 1:39:15 22. Raquel Gonzalez, Spain 1:40:33 23. Yang Shi, China 1:40:47 24. Alba Sanchez, Spain 1:44:41 (28 finishers, 2 DQ, 6 Dnf including Ines Henriques and Susana Feitor, Portugal and Sonata Milusauskaite, Lithuania)

**Men:** 1. Yafei Chu, China 1:19:51 (19:46, 39:51, 59:64) 2. Eric Tysse, Norway 1:19:55 (19:46, 39:50, 59:54) 3. Eder Sanchez, Mexico 1:20:30 (19:46, 39:49, 59:53) 4. Han Wang, China 1:21:15 (2:41, 40:00, 61:12) 4. Faguan Xu, China 1:21:22 (20:19, 40:35, 61:00) 6. Luke Adams, Australia 1:21:30 (20:00, 40:36, 61:15) 7. Joao Vieira, Portugal 1:21:45 8. Sbair Hassanine, Tunisia 1:22:13 9. Pedro Daniel Gomez, Mexico 1:22:17 10. Jose Ignacio Diaz, Spain 1:22:17 11. Jesus Angel Garcia, Spain 1:23:00 12. Mauricio Arteaga, Ecuador 1:23:18 13. Yuki Yamazaki, Japan 1:23:31 14. Chris Erickson, Australia 1:24:31 15. David Dominguez, Spain 1:24:42 16. Sergio Vieira, Portugal 1:24:47 17. Wei Yu, China 1:24:48 18. Trond Nymark, Norway 1:24:51 19. Akihiro Sugimoto, Japan 1:24:55 20. David Mejia, Mexico 1:25:22 21. Jose Leyver, Mexico 1:25:22 22. Pedro Isidro, Portugal 1:25:51 23. Oleksey Shelest, Ukraine 1:26:10 24. Oleksey Kazanin, Ukraine 1:26:47 25. Rolando Saquipay, Ecuador 1:27:17 26. Tim Barnes, Australia 1:27:41 27. Koichiro Morika, Japan 1:28:27 28. Yusuke Yachi, Japan 1:28:39 (34 finishers, 2 DQ—Omar Segura and Cristian Berdeja, Mexico, 10 Dnf including Bernardo Segura, Mexico, Hatem Ghoula, Tunisia; and Jared Tallent, Australia (19:46, 39:57))

#### Challenge Standings After La Coruna with two events to go:

**Women:** 1. Kjersti Platzer, Norway 48 2. Vera Santos, Portugal 32 3. Elisa Rigaud, Italy 24 4. Ines Henriques, Portugal 23 5. Sabine Krantz, Germany; Olga Kaniskina, Russia; and Claudia Stef, Romania 22 8. Beatriz Pascual, Spain 19 9. Kristina Saltanovic, Lithuania 14 10. Hong Liu, China 11

**Men:** 1. Erik Tysse, Norway 38 2. Eder Sanchez, Mexico 30 3. Hao Wang, China 26 4. Valeriy Borchin, Russia 24 5. Jesus Sanchez, Mexico and Joao Vieira, Portugal 23 7. Yafei Chu, China 22 8. Francisco Fernandez, Spain 18 9. Faguan Xu, China 17 10. Giorgio Rubino, Italy 16

#### Seaman and Vaill Add To Their Collection Of National Titles

Albany, N.Y., May 30—Two-time Olympian Tim Seaman won his 36th national men's racewalking title and Teresa Vaill her 35th at the USATF National 10 Km today. Vaill



successfully defended the title she won last year. Although two-time Olympian Allen James challenged early in the men's race, Seaman eventually pulled away to win in 42:56. James, who at 45 makes only occasional forays into such races, finished in 45:36, with the Shore AC's Richard Luettchau third in 46:34.

Vaill, a year older than James, finished in 46:44, far ahead of second-place Maria Michta (51:02). Solomiya Login was third. The course for the race was not conducive to speed—1-Km laps around the cobblestone surface of Empire State Plaza. Nonetheless, Seaman easily managed to better the course record of 45:15, set by Matt Boyles last year. The results:

**Women:** 1. Teresa Vaill (46) 46:44 2. Maria Michta 51:52 3. Solomiya Login 53:25 4. Werin Taylor 54:43 5. Katie Malinowski 56:18 6. Olivia Lapham (18) 60:00 7. Theresa Amerman 60:57 8. Becky Benjamin (45) 62:16 9. Debbie Topham (56) 62:16 10. Rachel TYlock 63:01 11. Ginger Armstrong (46) 67:47 12. Walda Tichy (69) 69:31 13. Karen Dobbins (50) 89:44  
**Men:** 1. Tim Seaman 42:56 2. Allen James (45) 45:36 3. Richard Luettchau 46:34 4. Theron Kissinger 50:17 5. John Soucheck (43) 52:05 6. Dave Talcott (49) 52:17 8. Dan O'Brien (44) 54:29 7. Dan Serianni 54:44 9. Bob Keating (62) 55:34 10. Rafael Marin (43) 55:53 11. Rod Craig (51) 59:22 12. Juan Yanes (59) 61:45 13. Tom Quattrocchi (58) 5:09 14. Lynn Phillips (59) 65:42 15. Charles Mansbach (64) 16. Ronald Shields (66) 69:51 17. Barry Fowler (51) 78:39

## Other Results

**5 Km, Cambridge, Mass., June 14**—1. Stephen Peckiconis 28:19 2. Rich McElvery 29:18 3. Steve Vaitones 32:57 4. Justin Kuo 33:52 5. Tom Knatt 34:03 6. Paul Schell 35:49 **H.S.**  
**Girls 1500 meters, Port Jefferson, N.Y., June 6**—1. Erin Bresnahan 7:05.49 2. Ashley O'Shea 7:14.72 3. Amy Cheung 7:16.72 4. Destiny Lalane 7:19.30 5. Kristen Magliola 7:21.09 6. Suzy Farber 7:37.54 7. Danielle Opalovsky 7:44.44 8. Jennifer Halloran 7:50.02 9. Jennifer Mercouris 7:58.75 **N.Y. Public Schools Girls 1500 meter Championships, June 7**—1. Diana Quinde 7:33.31 2. Sandi Cheng 7:41.22 3. Natalie Hernandez 7:43.15 4. Amy Cha 7:58.3 5. Yiru Li 8:01.3 6. Aimy Yu 8:05.04 7. Connie Cheng 8:09.34 8. Erica Chiu 8:26.39 (12 finishers) **5 Km, Locust Valley, N.Y., June 21**—1. Maria Michta 24:17.7 2. Molly Josephs (15) 28:41.3 3. Kimberly Slagus (17) 29:11.6 4. Edoardo Sorrenti (66) 32:37.7 5. Marjorie Pilla (65) 34:01.2 (8 finishers) **41st Annual Sandy Kalb 14 Km Handicap, Lakewood, N.J., May 31 (actual times shown)**—1. Elliott Denman 1:52:47 2. Victor Martinez 1:43:22 3. Dave Romansky 1:53:42 4. Maria Paul 1:40:19 5. Ron Salvio 1:29:51 6. Dorit Attias 1:32:14 7. Ben Ottmer 1:54:05 8. Susan Middaugh 1:54:13 9. Fran Emanuel 1:55:32 **1 Mile, Holmdel, N.J., June 6**—1. Ralph Garfield 10:25.67 (also a handicap race with actual times shown) 2. John Soucheck 7:34.96 3. Arthur Frank 11:38.06 4. John Fredericks 9:10.12 6. Tom Hartman 11:15.31 **Women**—1. Panse Geer 9:47.88 2. Maria Paul 10:31 3. Susan Middaugh 11:25 **New Jersey 5 Km, Pomona, June 21**—1. Rich Luettchau 22:41.76 2. John Soucheck (43) 25:27.98 3. John Fredericks (61) 30:22.49 4. Ron Salvio (60) 30:35.66 5. Tom Quattrocchi (58) 31:00.54 6. Marcus Kantz (63) 32:05 (9 finishers) **Women**—1. Panse Geer (62) 31:26.50 2. Maria Paul 34:39 (4 finishers) **10 Km, Yellow Springs, Ohio, June 14**—1. Mike Mannozi 51:26 2. John Randall (17) 54:30 3. Susan Randall 54:43 4. Chris Knotts (54) 55:35 5. Allison Chin (17) 55:59 6. Omar Nash 57:22 7. Erika Shaver (17) 61:43 8. Reini Brickson (18) 64:10 9. Bafib Hensley (65) 80:31 **5 Km, Ft. Lupton, Col., May 9**—1. Daryl Meyers (65) 32:37 2. Sherrie Gosert (56) 32:41 **5 Km, Thornton, Col., May 16**—1. Mike Blanchard (47) 27:27 2. Victoria Herazo (48) 28:37 3. Darl Meyers 31:42 4. Barbara Amador (60) 32:10 **5 Km, Denver, May 24**—1. Sherrie Gosert 32:25.7 2. Rita Sinkovec (69) 34:16.3 **10 Km, same place**—B1. Darla Graff (41) 60:54.8 **3 Km, Mesa, Arizona, June 20**—1.

Marcus McCarthy (40+) 17:08.14 2. Aimee Anderson (40+) 19:11.87 (9 finishers) **Los Angeles Marathon, May 25**—1. John Magnussen (56) 4:48:42 2. Al Cazas (51) 5:15:06 3. Deo Jaravata (44) 5:23:36 4. Loindsey Goldbloom (41) 5:31:21 (35 finishers) **California Senior Olympics, Pasadena, June 6: 5 Km:** 1. Yoko Eichel (62) 30:23.06 2. Carol Bertino (62) 33:08.04 3. Shirley Capps (73) 36:20 (6 finishers) **Men**—1. John Magnussen (56) 30:19.72 2. Wayne Wurzbarger (67) 31:25.14 3. Raymond Bilig (52) 32:13.59 4. Carl Acosta (75) 32:43.13 5. Patrick Bivona (68) 33:44 6. William Moremman (80) 33:51 7. Bob Nyman (70) 34:08.65 (12 finishers) **1500 meters:** 1. Eicherl 8:48.94 (7 finishers) **Men**—1. Magnussen 8:38.70 2. Wurzbarger 9:09.94 3. Bivona 9:43.24 4. Acosta 9:50.65 (9 finishers) **5 Km, Walnut, Cal., June 6**—1. Jose Moncada 25:56 2. Daniel Lew 26:39 3. Margaret Ditchburn 26:59 4. Rick Campbell 28:57 6. Julia Townsend 34:35 **5 Km, Soka U., Cal., June 6**—1. Art Morrow (44) 32:32.12 2. Joseph Ols (45) 32:40 3. Karen karavanic (46) 34:07 **5 Km, Fontana, Cal., June 6**—1. J. Cancino 28:32 2. Ronald Brown (63) 34:13 **Women**—1. Michelle Morgan (44) 29:29 **Pacific Association 5 Km, San Mateo, Cal., May 24**—1. Nicolette Sorenson (13) 26:19.42 2. Leslie Sokol (51) 30:25.31 3. Lou Walkers (69) 30:44.97 4. Karen Stoyanowski (54) 31:24 **Men**—1. Tyler Sorenson (15) 22:04.30 2. Kevin Killingsworth (53) 27:43.57 3. Alexander Price 28:36.58 4. Joseph Berendt (53) 29:44.67 5. Steve Popell (70) 33:54 **5 Km, Banks, Oregon, May 31**—1. Bob Novak (59) 28:31 2. Stan Chraminski (61) 28:36 3. Dennis Robeson (62) 29:38 4. George Opsahl (67) 29:56 5. Bob Grable (61) 31:50 6. Brent Marsten (59) 42:07 (8 finishers, 1 DQ) **Women**—1. Carmen Jacinsky (45) 31:50 2. Nana Gellerud (49) 33:01 (4 finishers) **2.8 Miles, Seattle, May 9**—1. Bob Novak 25:27 2. Stan Chraminski 25:33 3. Rebecca Ketwigg 28:32 4. Dora Choi (42) 30:57 5. Bev McCall (73) 31:47 6. Michelle Cuningham (48) 31:48 **3 Km, Seattle, June 13**—1. Bob Novak 16:40.4 2. Stan Chraminski 16:42.1 3. Ann Tuberg 17:13.3 4. Dora Choi 20:34.3

**20 Mile Canberra, Australia, June 10**—1. Jared Tellent 2:14:57 (2:05:15 at 30 Km) 2. Luke Adams 2:18:49 (2:12:34) 3. Chris Erickson 2:22:47 4. Alan Rutter 2:28:40 5. Darren Brown 2:34:27 6. Brendon Reading 2:35:47 (15 finishers, 1 DQ) **Women's 10 Mile, same place**—1. Jess Rothwell 1:14:33 2. Cheryl Webb 1:16:50 3. Jillian Hosking 1:18:19 (23 finishers) **Under 20 10 Km, same place**—1. Dane Bird-Smith 44:17 2. Derek Mulhearn 44:57 (5 finishers, 2 DQ) **5 Km, Jalasjarvi, Finland, June 7**—1. Jarkko Kinnunen 19:35.14 **10 Km, Joensuu, Finland, June 21**—1. Kinnunen 40:17 **Paris-Colmar 471.5 Km, June 17–20**—1. Dmitri Osopov, Russia 59:12 2. Pascal Marichal, France 59:?? (The results say 59:66, but that of course would be 60:06. Perhaps 59:26, since he was reportedly within 7 minutes within several miles of the finish.) **Women's Paris-Colmar 316.8 Km**—1. Sylvania Varin 41:38 2. Dominique Atverha 43:15 2. Corinne Dols 44:38 4. Claudine Anxionnoth 46:26 (Dorit Attias, USA, was in third place after more than 100 km, but was out at 226 Km, which she reached in 36:38.)

**South American Championships, Lima, Peru, June 20–21** (From the IAAF)—Ecuador will always be recognized for its walkers, after the influence of Olympic and World Champion Jefferson Perez. Now, to continue the tradition, 21-year-old Johana Ordonez won the Women's South American 20 Km in a record 1:34:58. Ordonez had a very balanced race, passing the 10 Km mark in 47:19 along with three other walkers. She soon dropped her company to walk the final part of the race alone. Colombian Sandra Zapata followed with a national record of 1:35:53 and Brazilian Tania Spindler was third in a personal best of 1:36:32.

In the men's race the following day, Colombian Luis Fernando Lopez commenced the new era for South American racewalking by taking the first title in post-Perez time. The



30-year-old Lopez, ninth in the 2008 Olympics, walked to a track record of 1:20:53.9 to cut 1 second from the previous best set by Perez in Cali in 2008. Lopez has a road best of 1:20:26 at the 2005 Pan American Cup.

"We came to Lima with the goal of achieving a time close to 1:20:30, so this is not an accident", said coach Fernando Roso. "We now have the responsibility of filling the vacant space left by someone as great as Jefferson Perez, who has been a great influence for racewalking is South America. He changed our approach towards training techniques and other methods of scientific support. We will try to get close to his marks, but that will be very difficult."

After crossing the 10 Km mark in 40:27, Lopez had no opposition from the rest of the field. "He went solo for almost the entire race. We expected to face Ecuadorian Rolando Saquipay, but he didn't come", said Roso. Chilean Yerko Araya was second with a national record of 1:23:08.2, while Ecuadorian Patricio Ortega was third in a personal best 1:23:30.9.

### Set Your Own Pace; But Get In The Race

Sat. July 4	8 Km, Washington, DC (N)
	5 Km, Evergreen, Col., 8 am (H)
Sun. July 5	1500 and 3000 meters, Arlington, Va. (N)
Mon. July 6	5 Km, Long Branch, N.J., 6:47 pm (A)
Mon. July 6	5 Km, Long Branch, N.J., 6:47 pm (A)
Tue. July 7	1 Mile, Ocean Twp., N.J. 6:30 pm
July 9-12	<b>National Masters Outdoor T&amp;F, Oshkosh, Wis. ((D))</b>
Sat. July 11	2.8 Miles, Seattle, 9 am (C)
	USATF National Club Championships 5 Km, New York City (D)
Mon. July 13	5 Km, Long Branch, N.J. (6:47 pm (A)
Tue. July 14	5 Km, Long Branch, N.J., 6:47 pm (A)
Tes. July 14	1 Mile, Ocean Twp., N.J., 6:30 pm (A)
Sun. July 19	5 Km, New York City, 9 am (G)
Mon. July 20	5 Km, Long Branch, N.J., 6:47 pm (A)
Thu. July 23	3000 meters, yellow Springs, Ohio (M)
Sat. July 25	1500 and 3000 meters, Arlington, Va. (N)
	Washington Senior Games, 1500 and 5000 meters, Turnwater (C)
Sun. July 26	North Region 3000 meters, Indianapolis (K)
Mon. July 27	5 Km, Long Branch, N.J., 6:47 pm (A)
Sun. Aug. 2	5 Km, Evergreen, Col., 8 am (H)
Mon. Aug. 3	5 Km, Long Branch, N.J., 6:47 pm (A)
Sat. Aug. 8	1500 and 3000 meters, Arlington, Va. (N)
	5 Km, Palo Alto, Cal. (J)
Sun. Aug. 9	10 Km, Indianapolis (K)
Mon. Aug. 10	5 Km, Long Branch, N.J., 6:47 pm (A)
	1500 meters, Palo Alto, Cal. (J)
Fri. Aug. 14	5 Km, Loveland, Col., 7 pm (H)
Sat. Aug. 15	3000 meters, Virginia Beach, Va. ((T))
	5 Km, Boulder, Col., 8:30 am (H)
Sun. Aug. 16	<b>USATF National 15 Km, Minneapolis, Minn. (S)</b>
	5 Km, New York City, 8:30 am (G)
Mon. Aug. 17	5 Km, Long Branch, N.J., 6:47 pm (A)
Fri. Aug. 21	5 Km, Flint, Mich. (F)

Sat. Aug. 22	5 Km, Indianapolis (K)
	1500 and 3000 meters, Arlington, Va. (N)
	Western Region 3000 meters, Reno, Nevada (J)
Mon. Aug. 24	5 Km, Long Branch, N.J., 6:47 pm (A)
Sat. Sept. 12	5 Km, Indianapolis (K)
	2.8 miles, Seattle, 9 am (C)
Sun. Sept. 13	<b>USATF National 40 Km, , Ocean Twp., N.J. (A)</b>
	20 Km, Oakland, Cal. (J)
Sun. Sept. 20	10 Km, New York City, 8:30 am (G)

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### From Heel To Toe

**Training Center update and World Class camp news.** The following from Dave McGovern updates Ian Whatley's plans for a racewalking training center, which we reported several months ago: Biochemist, renowned shoe designer, and 2009 Pan Am Cup 20 Km team member, Ian Whatley, has been building the USA Racewalking Training Center in Greenville, South Carolina. The site features a 400m track, athlete housing, a weight training facility, and a four-camera, dual-monitor video treadmill system for state-of-the-art technique analysis. The wooded 40-acre site is also bisected by dirt and paved walking trails and there are miles of great road walking courses beginning at the Training Center's front gates. I'm holding my first World Class Racewalking camp at the Center in late September/early October,

culminating at the USATF National 5 Km race in Kingsport, Tenn. The camp will focus specifically on getting you race-ready for the event, and is being billed as a training/taper camp. This camp is in addition to my 19th Annual World Class Racewalking Training Camp to be held at the National Training Center in Clermont, Florida in late November. That camp features first-class housing, and a truly world-class training facility. The Florida camp is suitable for all levels, including marathon and ultra-distance walkers, while the Greenville camp is specifically geared for those planning to compete at the National 5 Km. More information on both at [www.racewalking.org/campfire.pdf](http://www.racewalking.org/campfire.pdf). You can also get information on upcoming World Class clinics on Long Island, and in Hamilton, Ontario; Indianapolis; Denver; Bellingham, Wash.; Louisville; Dallas; and Santa Cruz, Aruba. . . **More McGovern news.** Team USA Internationalists Loretta Schuellein-McGovern and Dave McGovern have made a significant contribution to the growth of USA Racewalking with the birth of son Cavan John McGovern at 4:15 pm on May 22, 2009. Packing 9 lbs, 1 oz. Of solid muscle, the milk-fed 21 incher has set his sights on the 2030 Games. Mom, a 2007 Pan Am Cup team member, is recovering from Cavan's birth and is eager to return to training. Dad, a 16-time US Internationalist, will also need to get training to take off some 15 lbs. of sympathy fat he put on during the pregnancy. Cavan, eligible to compete for both the US and Ireland by dint of Dad's Irish citizenship, has a short-term goal of walking in time for the National 30 Km. . . **Elakoon Vanhat! Geezer Power.** The following from Harry Siitonen in Berkeley, my informant on Finnish affairs: Let's take a look at the prowess of Aaro Nokela, 74, a Finnish masters age group raewalker. Aaro, who's a member of the Kuopion Hiihtajat (Kuopio Skiers--Aaro apparently skis, too), just set a great time of 57:58 seconds to place third in the Northern Savo Province 10 Km road walk championships at Leppavirta, Finland on May 18. If he had done this last year, he would have placed second in the world in the 70-74 year age group in that distance. Nokela turns 75 on March 14, 2010 in which the world's best 2008 season's best in the 75-59 age group was 62:53. So, world, keep an eye on Aaro! Looking over the stats, in the 10 Km Aaro is third all-time fastest in the world in the 50-54 age group with a 44:43.3 on the track, fourth all-time in the 55-59 age group with a 47:41 on the roads, ninth in the 60-64 with 50:28, and fifth in the 65-69 group with 53:47. This dude (jatka) really smokes! . . . **Racewalker in Politics.** Sari Essayah, a past women's World and European 10 Km champion, was elected to the European Parliament in Brussels as a representative of Finland's Christian Democratic Party. Only 13 people were elected from Finland and Essayah ranked tenth in the polling. It's apparently the highest elected political office in the world ever held by a racewalker. She's also a former member of the Finnish Parliament. . . **Correction.** In a typical ORW maneuver we had two issues No. 12 earlier this year--Vol. XLIV No. 12 in February and Volume XLV No. 12 in March. The latter obviously should have been No. 1. As a result, the April and May issues were also misnumbered as 1 and 2 rather than 2 and 3. Finally, I realized the error with this issue, which is correctly numbered No. 4. Sorry if I have caused any librarians grief or confused anyone's filing system. But it goes with the territory when you subscribe to the ORW.

## McCarthy (continued)

(In our April issue, as a tribute to Olympian Chris McCarthy, who died on April 22, we began a partial repeat of a lengthy article about Chris that Ron Laird had written for us in 1991. We promised to carry more of that article in the future, and the time is now. Again, this a condensed version of Ron's original article that ran over three issues.)

## The McCarthy and U. Of C. Influence

McCarthy liked to bend my ear with stories about how great an institute the University of Chicago was. How its gifted students studied from the original works of history's most brilliant minds and were privileged to sit at the feet of some of the best professors in the world. The place didn't care if a potential student had a high school diploma; if the student could pass the school's rigid entrance exams, he or she got in. Once in, students weren't given tests all the time to try to flunk them out. Those tactics were used by incompetent state schools to get rid of the dummies they had so easily allowed to register in the first place.

I felt the campus needed a dress code because it was full of hippies. We called them beatniks back then. The sororities had been forced to shut down and radical students were trying to do the same to the frats. Even the campus newspaper put them down with statements like, "it's unnatural for men to live with men." I didn't appreciate the negative attitude because it was real convenient for me to live in a fraternity house. Mine was across the street from the track and the guys at my place threw some great parties, complete with pretty student nurses and co-eds from Northwestern. Besides all that, my room only cost me \$30 a month and got me plenty of free meals.

The University had a fine track and field program, facilities, and coach. Ted Haydon, their head coach for many years, was a good friend to racewalking. His track club sponsored many walking races back in the '60s and went out of its way to set up my first ever American record attempts. These took place in the fall of 1962 and 1963 and produced seven new marks at distances from 15 Km to 20 miles.

Chris was always casting pearls of political science wisdom at me, but I rarely tried to comprehend any of these. My mind was too busy dealing with the world of me, myself, and racewalking. I wish now that I had listened to what he had to say. I would have been wiser about the political workings of this country and the rest of the world had I made up my mind to really pay attention. Since Chris was so into politics, he was always wanting me to read a little book titled "The Prince". It was supposed to educate one as to how politicians think, come to power, and run their governments. I have yet to get around to it.

Over the years, the University gave Chris at least 15 years of financial aid in an attempt to get him through a Ph.D. program in political science. Instead, with only his dissertation to write, he gave it all up to become a Volkswagen mechanic. He now restores old houses and corrects correspondence school tests for most of his livelihood. His lovely wife, Betty, has certainly helped keep things going during many of their lean times. This kind and generous woman always tolerated my long visits to their small apartment. Chris and Betty were like a second family to me. Too bad she couldn't have gone to Japan with us. (1964 Olympics.) Wives had to pay their own way back then, but now get lots of assistance from our Olympic Committee.

## Communications begin

During those two years that Chris specialized in placing in the top three in the trials for the big trip to the "Land of the Rising Sun", he started a small monthly magazine called the *Midwest Race Walker*. In its dozen or so mimeographed pages, one found race results and various articles having to do with the sport of fast walking. Chris was able to improve the quality of American judging and administration by continually criticizing those he felt were at fault. About a year after he stopped putting it out in 1964 two walkers from Ohio, Jack Mortland and Jack Blackburn, decided to revive the effort with the fledgling *Ohio Racewalker*. A few years later, Mortland became the sole proprietor when Blackburn left Columbus and continues to create the publication out of his home on Summit Street in



Columbus. He has faithfully kept it going all these many years. Yes, Jack Mortland, 1964 Olympic teammate (20 Km) of Chris McCarthy (and Ron Laird), has retired the trophy for racewalking journalistic loyalty. (Ed. We humbly accepted Ron's accolades then and do so again now, having extended the effort another 18 years.)

Reading about Chicago's active program each month in McCarthy's little magazine helped me decide to move out there. I felt the change in training courses and new friends I'd make would inspire me to do the work needed for improving my speed, technique, and endurance. Once I got there, I had the opportunity to help him assemble and address the publication once in awhile.

### The Rewards of Racing

The summer before Chris won the National 50 Km Championship and Olympic Trial he won the National 40 Km title. To get back East, he drove his old junk Volkswagen to Long Branch, New Jersey. The race turned out to be a real death march due to the unseasonable heat and humidity. At the time it was held, I was on a national team touring Russia, Poland, Germany, and England and so was unable to take part in the ordeal. Even though the obligation of competing for my country was a much higher calling, I always hated to lose a chance at a national title because of having to be somewhere else. The fruits of his labor for winning that 40 Km walk were a huge, handsome trophy and the American championship gold medal.

The medal is the size of a silver dollar and is fixed to a red, white, and blue ribbon. At the other end of the 2- to 3-inch ribbon is a gold, silver, or bronze bar with the word "CHAMPIONSHIP" across it. The meet director of this annual race, Elliott Denman (1956 50 Km Olympian), has always done a grand job in putting the event on, especially when it comes to providing quality awards. He won some beauties during his best racing days, so likes to keep this gracious custom going. I know the athletes sure appreciate having something to show for their long hours out on the roads of New Jersey. Everyone who finished gets a nice souvenir they can be proud to display.

McCarthy didn't like trophies. Since I did, I felt it my duty to lecture him on why he should have more respect for, and take better care of his awards. I often tried to tell him how much they symbolized his hard work and superior athletic achievements. He reasoned them to be useless trash, and felt my priorities needed serious reevaluation. Sometimes, we'd really get going at one another. These arguments helped ease the competitive tensions that training together sometimes created. At least he kept all his national medals, even though the last time I saw them (1976), they were in disgraceful condition.

The same night he returned with that big New Jersey 40 Km trophy, he carefully placed it in a vacant lot directly behind his apartment. The next morning, it was attacked by neighborhood kids, who quickly destroyed it with clubs and rocks. McCarthy, of course, got a big laugh out of this. When I found out what he'd done, I was sick with disappointment, but not surprised. I wished I'd gotten over to his place quicker so that I may have had a chance to rescue it from its terrible fate. Had I not taken an early morning workout, I may have arrived in time. He tried to feed me a bunch of swill about it being some sort of sociological experiment, but I think he did just to freak me out. I got him thinking twice about the foul thing he'd done when I told him I would have bought it, for I knew he could have used the money. If it had been mine, I would have had a new name plate engraved and awarded it to myself for an important race where I'd won a cheap prize, or no prize at all. One can always recycle one's awards to good caused if they have no further use for them.

My all-time favorite award was a large crystal vase from winning a race near

Gdansk, Poland in the summer of 1965. The time of 1:29:39 was the first time an American had broken the 1:30 barrier for 20. The organizers made the mistake of showing me that lovely vase before we started. It was exactly the kind of prize I'd dreamed about winning for many years. Once we got started, the thought of owning that beauty helped to keep me strong and fast all the way. (Ed. The beauty can be seen in the accompanying picture, along side another showing the beauty I won in the same race—a beauty shattered into a thousand pieces about five years later when an angry 2-year-old son yanked on the dining room table scarf. As to the course, we were given splits along the way, and I was a little over 1:12 at 15 Km, as I recall, and wound up with a 1:34:39, without any particular acceleration I was aware of, so I always felt it a short 20. Ron had other excursions under 1:30, so he needn't cry.)



Laird, left, Mortland, right, receive their crystal following Polish race, 1965.

### Epilogue

If I were to go training with McCarthy today, I wonder if he'd try to tell me some theory about how important racewalking was in ancient times and how it affected those who lived back then. Would I have to listen to stories of how brave men were considered gods once they correctly mastered the classical knee locking, hip rolling, and arm pumping technique? Would he tell me how their individual feats of speed and endurance affected wars, governments, and the destinies of men? I'd have to defend my position with a statement like, "If you really believe such foolishness, you ought to be sitting at the feet of those who seek wisdom by studying the entrails of animals!" Chris would probably try telling me such practices couldn't really guarantee the improvement of anyone's athletic performance. I'd tell him that neither science or Holy Scripture supported his conclusions. With the experience I've had over the years, I'd have to argue against men and women trying to discover their destinies by way of some sort of physical fitness activity. Chris might try to affront me with claims about the ability of racewalking to cure the evils of the world and that it could even be applied to someone as hopeless as me. Either that or a good woman was what I needed to help me fulfill my destiny. Yes, if Chris and I were taking long workouts today, we'd be sure to have some lively dialogue on a variety of subjects. I do know McCarthy would be pleased to see how well his concept of a monthly periodical has survived and prospered in the capable hands of his old Olympic teammate from Ohio. (Ed. At that time I said: "Unfortunately, Chris quit sending me money quite a few years ago and I quit sending him free ORWs a few years after that. However, if I can resurrect his address, I guess he should get these last three issues.")



*Eighteen years later, I'm not sure if that ever happened. However, Betty McCarthy is getting them now. About a year-and-a-half ago, another 1964 Olympian, Poland's Matt Rutyna—then and now a Chicago resident—upon renewing his own long-time ORW subscription, sent me the funds to subscribe Chris for 3 years. The remainder of that subscription is now going to Betty and we hope she enjoys these memories of a very special person—her husband. Special not only as a racewalker and a friend of the sport, but special for being one of the most genuine, ego-free persons I have known.)*



A closer look at that crystal. Mortland and Laird flank the Polish walker, Czaplinski, who was second in the race.

### Alden Partridge—An Early American Pedestrian

by Andy Milroy  
Ultramarathon World

Although Great Britain is well known for its pedestrians of the late 18th and early 19th centuries, such as Captain Barclay, the exponents in the United States have received less attention. Among these is Captain Alden Partridge (1785-1854). Just as many of the British pedestrians of the early 19th century were soldiers, who undertook their walking and running careers as much to prepare themselves for the rigors of warfare as for sport, Partridge also saw long distance walking in a similar light.

Partridge became superintendent of the U.S. Military Academy at West Point in 1815 at age 29, but in 1871 he was forced to resign from the Army. After surveying part of

the United States-Canada border, he returned to his home town of Norwich, Vermont.

Partridge was distrustful of a standing army, seeing it as a threat to democracy. However, he was also convinced that the lack of trained leadership had caused the appalling disasters of the War of 1812 against Britain. Consequently, in 1819, he founded Norwich, the American Literary, Scientific and Military Academy, to produce well-trained citizen soldiery as the best protection for the republic. To be effective, such a militia needed training in basic military science and tactics.

A key part of his educational program stemmed from his own physical endurance. Partridge was renowned as a great walker, reportedly once walking 60 miles in a single day. On one occasion he walked 110 miles across the mountains from Norwich to Williamstown, Massachusetts, then ascended Mount Grey lock before returning home. The entire trip of 220 miles took him just four days. These were the days before footpaths and trails were maintained.

He undertook similar feats to many of the peaks in New England, carrying along with him a barometer and a thermometer to measure the altitude of each peak. Hardly surprising, his pupils were also expected to undertake brisk, long-distance walks. In addition to extensive drill practice, they had to complete regular marches of up to 50 miles a day.

Alden Partridge is now seen as one of the first American educationalists to use such outdoor experience in the educational program—long before the days of outward bound and field trips. Partridge saw such walks as providing a physical challenge and a way of building self confidence and learning to deal with discomfort and fatigue.

His academy was to be a prototype for similar establishments, where military studies were combined with more conventional studies. These too combined similar long distance walks as part of their character building programs. Things have changed somewhat since then. According to one recent survey, the average American now walks 1.4 miles a week. In other words, barely 350 yards or 1050 feet a day! I wonder what Captain Alden Partridge would have made of that.

### LOOKING BACK

**45 Years Ago** (From the Early Summer 1964 issue of the *Midwest Race Walker*, published by Chris McCarthy)—Ron Zinn snapped Ron Laird's National Championship winning streak at four straight and extended his own winning streak at the National 10 Km to the same number. With reckless disdain for blazing sun and a temperature in the low 90s, Zinn covered the first lap of Chicago's Stagg Field track in 1:41 and went through the first mile in 7:01. Laird was at 7:16 with Jack Mortland also ahead of him. McCarthy reported that Mortland came into the race expecting to finish second to Laird (Mortland, who I am in close touch with, doesn't recall if that report is correct) and moved up behind Zinn for a repeat of their 1961 race at the Schenley Oval track in Pittsburgh. Mortland continuously challenged, but Zinn would always accelerate, refusing to be passed, while the overall pace faded in the heat. Zinn pulled away in the final two laps. Final result: Zinn 48:08.6, Mortland 48:20, Laird 49:49, Don DeNoon 50:39, Jack Blackburn 50:42. Mortland and Blackburn led the Ohio Track Club to the team title (Note, three weeks later on another hot day in Pittsburgh, Laird carried a much faster pace through 20 Km as he won the National Championship and Olympic Trial race in 1:34:44, nearly two minutes ahead of Zinn (1:36:37) with Mortland third in 1:37:05) . . . A week earlier, Zinn won a "20 Km" in Taunton, Mass in 1:33:21 on a course well known to be short (something less than 12 miles). Rahmo Ahti was second in 1:36:27. . . Also a week earlier, Mortland beat Blackburn in a Columbus 5 miler, 37:54 to 39:07. . . Alex Oakley won the Canadian 50 Km in 4:45, 10 minutes ahead of Felix Cappella. . . Two weeks after the 10,



Zinn scored another win over Laird in the National 2 Mile with his 13:48.6 leaving Laird 15 seconds back. . The British 50 went to Paul Nihill in 4:17:10 with Ray Middleton 4 minutes back and 1960 Olympic gold medalist Don Thompson less than a minute further back. Bob Bowman journeyed from California to England for this one and finished 15th in 4:44:39.

**35 Years Ago**—(From the June 1974 ORW)—The Colorado Track Club duo of Jerry Brown and Floyd Godwin took one-two in the National 20 Km on Long Island. Brown's 1:33:34 left him 24 seconds ahead of Dave Romansky at the finish, but Dave had been DQ'd before 15 Km, though never properly notified. Godwin finished in 1:35:01, followed by John Knifton, Ron Daniel, and Bob Henderson. . Three weeks later, Knifton won the 5 Km title in L.A., finishing 8 seconds ahead of Larry Walker in 22:23. Bill Ranney, Tom Dooley, Daniel, and Ed Bouldin followed, all under 23 minutes. . Carl Swift won the NAIA 10 Km in 49:18.6 from Paul Ide and Jim Bean. . The National Junior 10 Km went to Steve Hermann in 49:08 with Jim Murchie second. . In Italy, Karl-Heinz Stadtmuller, of East Germany, walked 1:20:58 for 20, but the course turned out to be only 19,154 meters in length. East Germany's Winfried Skotnicki won the supposed 50 Km (47.91 Km) during this botched international meet in 3:52:12.

**30 Years Ago** (From the June 1979 ORW)—In Trials for the Pan Am Games, Marco Evoniuk won the 50 and Neal Pyke the 20. Evoniuk's 4:10:33 was nearly 10 minutes ahead of Vincent O'Sullivan, with Karl Johansen third. Pyke took command at the start and led all the way to win the 20 in 1:27:11, but Todd Scully was only 44 seconds back at the finish. Chris Hansen bettered 1:30 in third, with Larry Walker fourth, and Evoniuk, with only one day off after the 50, fifth. The races were held in Walnut, Cal. . Sue Brodock won both the 5 and 10 Km races in the Women's Nationals, doing 24:07 on Friday and 50:33 on Sunday, both American records. Paula Kash, Chris Sakelarios, and Sue Liers followed in the 5, and Liers, Sakelarios, and Esther Lopez in the 10. . In Norway's annual Grand Prix, records fell to Mexicans in both the 20 and 50. Domingo Colin did 1:20:59 in the 20, leaving former world record holder Daniel Bautista some 80 seconds back. Anatoli Solomin, Boris Yakloyev, and Felix Gomez also broke the old record of 1:23:32. (A 1:22:32 by Frances's Gerard Lelievre was pending approval.). Raul Gonzales did 3:41:39 in the 50, leaving Lelievre better than 16 minutes behind in second. . Colin also walked a fast 50, 3:47:18, as Mexico won an international meet from West Germany, Sweden, Hungary, and Spain. Bautista won the 20 in 1:22:15.

**25 Years Ago** (From the June 1984 ORW)—Walking races a week apart, Marco Evoniuk won the U.S. Olympic Trials at both 20 and 50 in Los Angeles. The 20 came first, and Marco did 1:26:17, leaving Jim Heiring a minute behind. Dan O'Connor captured third in 1:29:12, with Sam Shick fourth in 1:30:25. Evoniuk completely dominated the 50, winning in 4:02:25, nearly 12 minutes ahead of Vincent O'Sullivan. Carl Schueler was another minute back, but 1 ½ minutes ahead of Tom Edwards. Randy Mimm and Troy Engle followed. . The National 20, held just a week ahead of the Trials, didn't attract a very strong field, but Ray Funkhouser turned in a good performance to win in 1:31:48, 2 minutes ahead of Gary Morgan. They were seventh and sixteenth the next week when the big guns showed up for the Trials. . Debbi Lawrence won the women's National 10 Km in 51:01, beating Esther Lopez by 15 seconds. Susan Liers was third. Lopez did a 50:42 a couple of weeks later ahead of Teresa Vaill.

**20 years ago** (From the June 1989 ORW)—Soviet walkers were dominant in the World Cup held in Barcelona, winning both men's and women's titles decisively. China and Italy f

ollowed in the women's race, with the U.S. ninth. Italy and France were second and third in the men's competition, with the U.S. in twelfth. The women's 10 Km winner was East Germany's Beate Ander in 43:08 with Australia's Kerry Saxby second and Italy's Ileana Salvador third. But the Soviets came fourth, sixth, and ninth to take the title. Lynn Weik and Teresa Vaill finished 21st and 23rd for the U.S., Lynn with a 46:38. The USSR was 1-2-3 in the men's 20, with Frantz Kostyukevitch first in 1:20:21. Tim Lewis was 45th for the U.S.. Australia's Simon Baker won the 40 in 3:43:13, but with 2nd, 3rd, and 5th, the Soviets sewed up the team title. Paul Wick led the U.S. with a 4:12:24 in 24th. . Tim Lewis won his fifth straight U.S. 20 Km title in 1:27:19, 47 seconds ahead of Gary Morgan. Mark Manning was third. In the women's National 10, Lynn Weik set a national record on the track with her 46:44.1, leaving Teresa Vaill nearly 40 seconds back. Maryanne Torrellas beat Debbi Lawrence for third.

**15 Years Ago** (From the June 1994 ORW)—In Norway, Mexico's Bernardo Segura walked a startling world record of 1:17:25 in the 20. Finishing fourth in the race, Allen James nailed the American record (track) with a 1:24:26.9. . James also won the U.S. title, overcoming the Knoxville heat and Jonathan Matthews to prevail in 1:28:36. Jonathan was just 26 seconds back with Andrzej Chylinski third in 1:30:05. Philip Dunn (1:31:05, Andrew Hermann, Dave McGovern, Tim Seaman, Gary Morgan, Herm Nelson, and Rob Cole (1:32:05) rounded out a very deep field. . Lisa Sonntag won the Women's National 20 Km in 1:48:15 with Canada's Micheline Daneau second in 1:49:34. At the same site, Albany, N.Y., Philip Dunn beat Ian Whatley for the men's 25 Km title, 1:58:05 to 2:00:39 (and what as with all the :05s). Marc Varsano, Andrew Hermann, and Mike Rohl followed.

**10 Years Ago** (From the June 1999 ORW)—Michelle Rohl bettered the American record as she won the Women's National 20 in Eugene, Oregon with a 1:33:16. That was 11 seconds under Joanne Dow's record. Dow was second in 1:35:01 and Susan Armenta third in 1:37:03. Danielle Kirk and Jill Zenner also went under 1:40. In the men's race, Curt Clausen set a new meet record as he won in 1:24:44., 8 seconds ahead of Tim Seaman. Jonathan Mathews had 1:24:50, Andrew Hermann 1:25:52, Kevin Eastler 1:26:41, and Sean Albert 1:25:54. . In the National Junior 10 Km, Tristan Ruoss (47:06.26) beat Justin Easter (48:43). . Michelle Rohl walked an American record 12:47 for 3 Km in Wisconsin. . Andrew Hermann walked in the annual Naumburg, Germany 50 Km, finishing ninth in 3:58:57, making him the fourth U.S. walker under 4 hours for the year. The race was won by Viktor Ginko, Belarus, in 3:48:55. Also in Naumburg, Norway's Kjersti Platzer did 1:28:44 for 20 and Andreas Erm won the men's 20 in 1:22:05. . In Turku, Finland, Robert Korzeniowski won a 20 Km from Russia's Ilya Markov, 1:18:39 to 1:18:50.

**5 Years Ago** (From the June 2004 ORW)—National 15 Km titles went to Teresa Vaill (1:10:41) and Curt Clausen (1:04:40). Second place finishers in the Lincoln, R.I. races were Michelle Rohl (1:12:32) and John Nunn (1:06:08). . IAAF 20 Km Challenge races were held in La Coruna, Spain and Sesto San Giovanni, Italy. In Spain, Romania's Claudia Stef (1:27:41) edged countrywomen Norica Campean (1:27:52) in the women's race and Francisco Fernandez (1:19:19) bested Polish ace Robert Korzeniowski (1:19:35). Stef tried to repeat in Italy, but fell to Elisa Rigau, who won in 1:30:23, 4 seconds ahead of Stef. Italy was one-two in the men's race, with Alessandro Gandellini (1:21:16) nearly a minute ahead of Ivano Brugnetti. Tunisia's Hatem Ghoulia was third in both Spain and Italy. . In Cheboksary, Russia, Denis Nizhegorodov took 34 seconds off of Robert Korzeniowski's World Record for 50 Km, finishing in 3:35:29. Vladimir Potomen was second in 3:39:34.